

N.C. Nurse Aide I Curriculum

MODULE G

Basic Restorative Care

Objectives

- Explain the role of the nurse aide in basic restorative care.
- Describe the processes involved with bowel and bladder training.

Basic Restorative Care

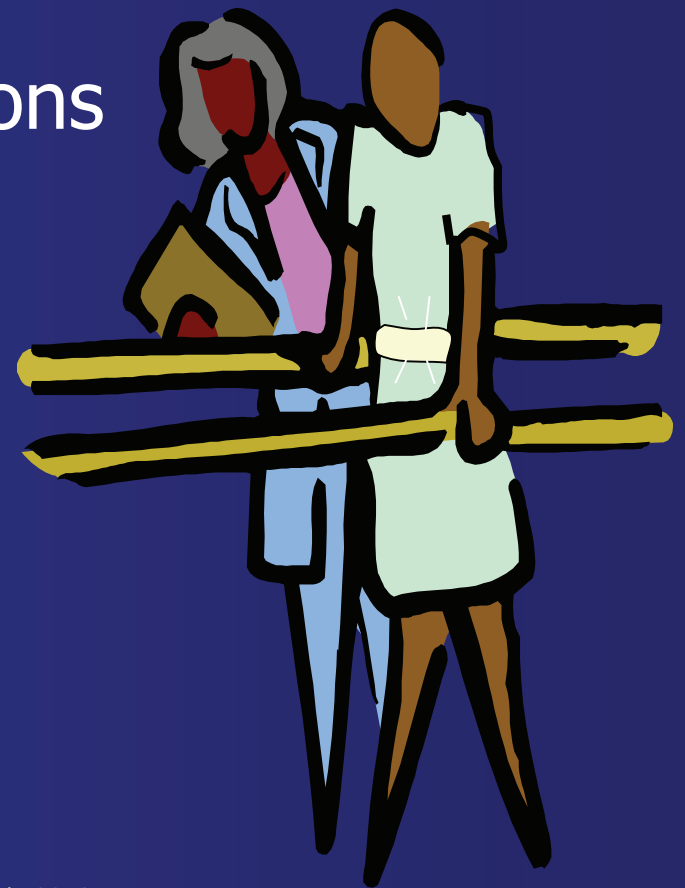
Care provided after rehabilitation when the resident's highest possible functioning has been restored following illness/injury

Goals?



Basic Restorative Care – Importance

- Maintain/improve abilities
- Prevent further complications
- Aim toward independence
- Team effort
- Assist individual to accept or adapt



Basic Restorative Care – Nurse Aide's Role

- Recognize loss of independence
- Encourage resident and support family
- Be sensitive to resident's needs



Basic Restorative Care – Nurse Aide's Role



Basic Restorative Care – Nurse Aide's Role



- Review skills
- Focus on small tasks and accomplishments
- Recognize and address setbacks

Basic Restorative Care – Nurse Aide's Role

- Give resident control
- Encourage choice
- Encourage selection of appropriate clothing
- Show patience



Basic Restorative Care – Nurse Aide's Role

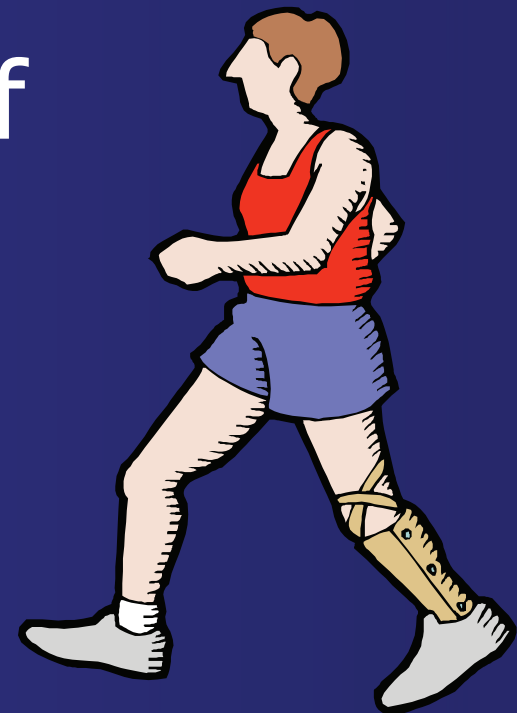


- Provide for rest periods
- Encourage independence during activity
- Encourage use of adaptive devices
- Consider involving family

Prosthetic Device

Replacement for loss of a body part

- Examples
- Role of nurse aide



Orthotic Device

Artificial device that replaces a body part and helps with function and/or appearance

- Examples
- Role of nurse aide

Supportive Device

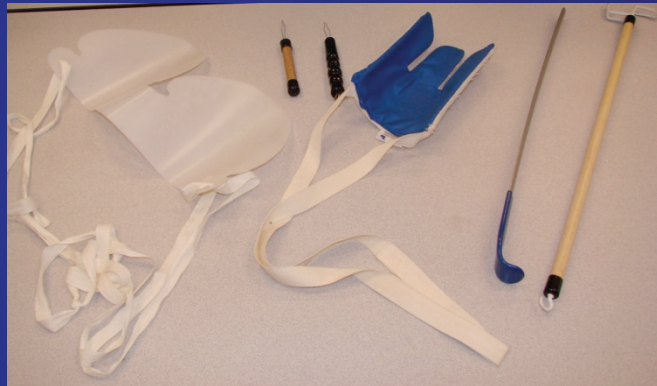


Special
equipment
that helps a
disabled or ill
resident with
movement



Assistive (Adaptive) Devices

Special equipment that helps a disabled or ill resident perform activities of daily living (ADLs)



- Promotes independence
- Successful use depends on...

Positioning Assistive Devices



Pillows



Wedge Pillow



Abduction Pillow

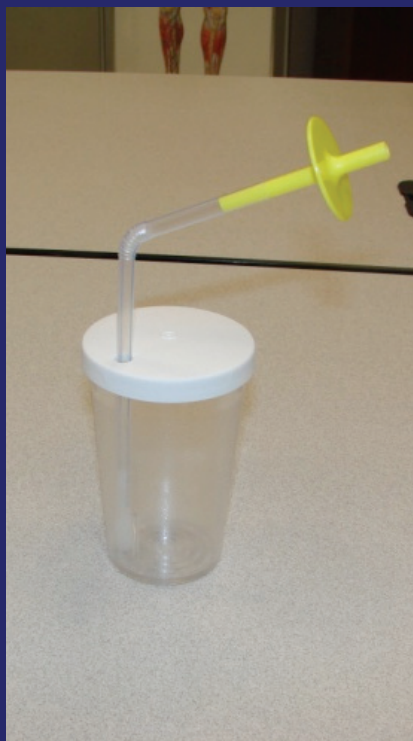


Positioning Assistive Devices



Bed
Cradle





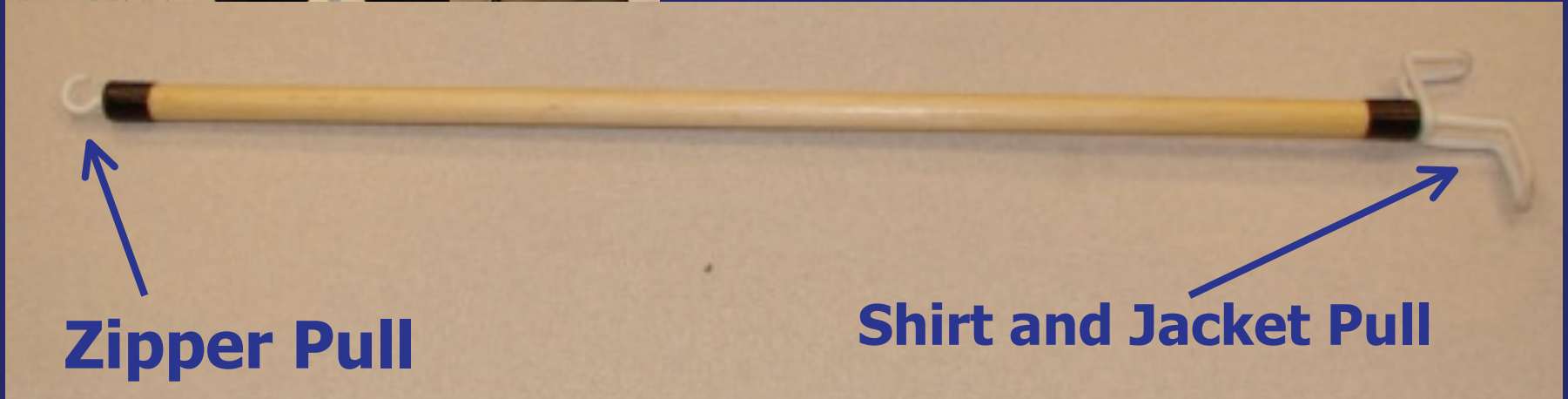
Assistive Eating Devices



Assistive Dressing Devices



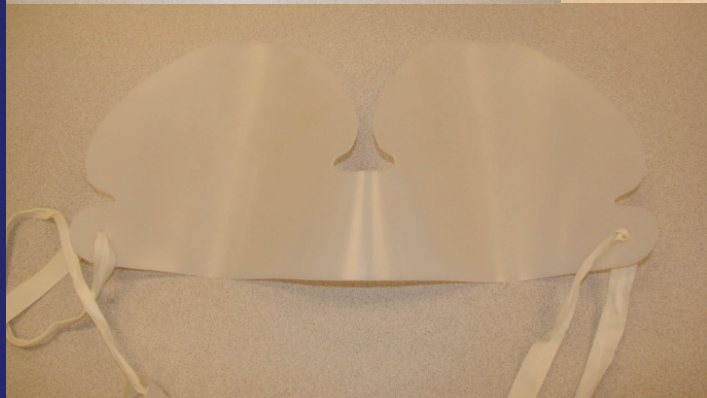
Button Fastener



Zipper Pull

Shirt and Jacket Pull

Assistive Dressing Devices



Sock and Stocking Aids

Long-handled Shoe Horn



Electric Toothbrush



Assistive Hygiene Devices

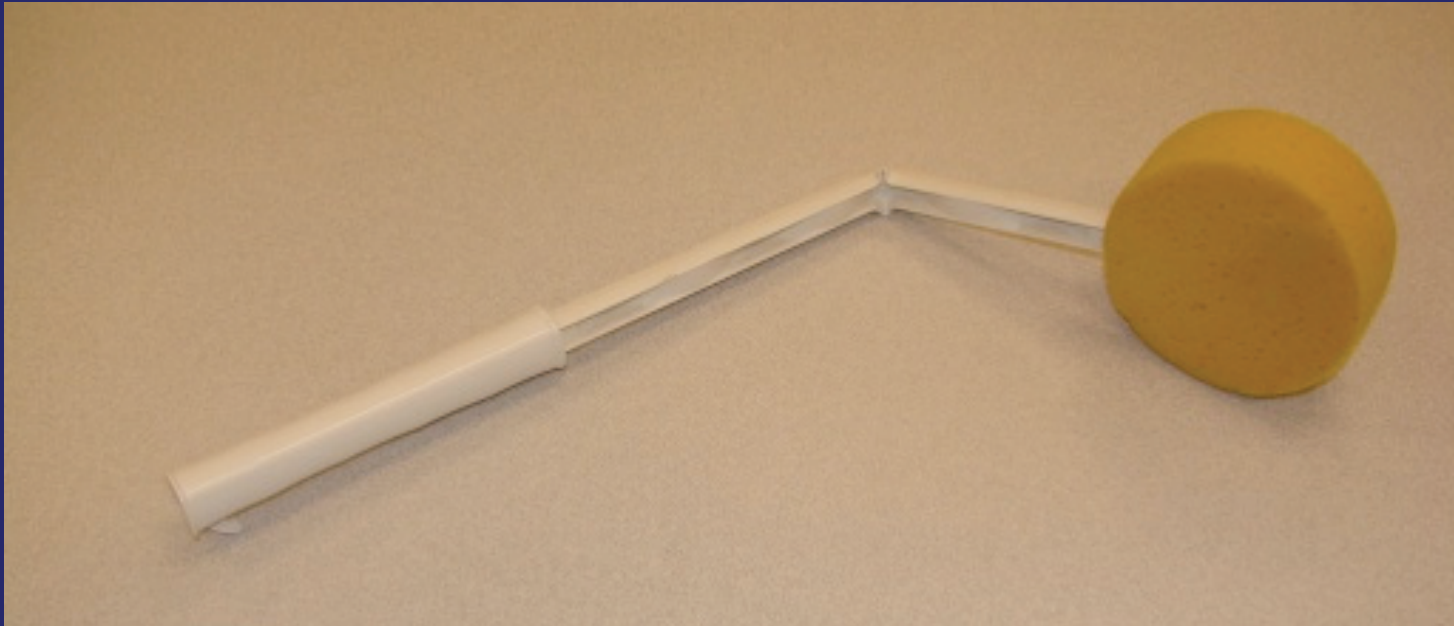
Denture Cleaner



Fingernail Cleaner



Assistive Hygiene Devices



Long-handled Sponge

Assistive Hygiene Devices



Device used by residents with diabetes:

- To examine heels for abrasions or sores
- To wash feet



Assistive Reaching Tool Device



Adaptive Devices – Recording/Reporting

- Activity attempted?
- Assistive devices used?
- Success?
- Increase/decrease in ability?
- Changes in attitude or motivation?
- Changes in health?

Basic Restorative Care – ALWAYS REMEMBER

- Sometimes you may think it is easier and quicker to.....
- Independence helps with the resident's self-esteem and speeds up recovery



Bowel and Bladder Training - Importance

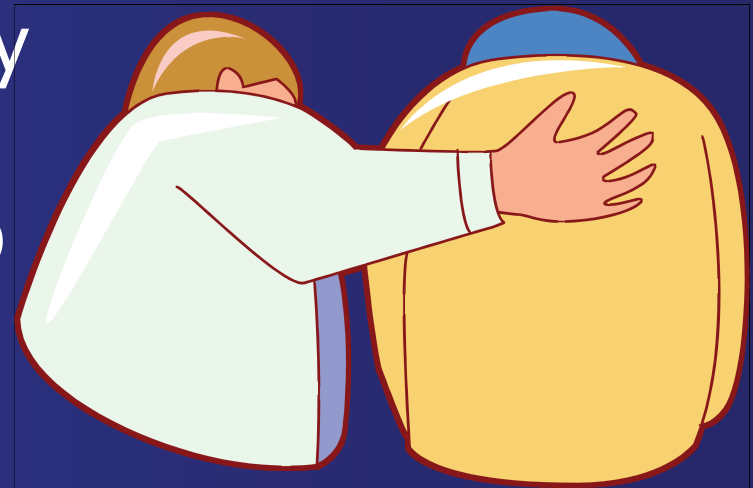


Measures taken to restore function of urination and defecation by resident, with ultimate goal of continence



Bowel and Bladder Training - Importance

- Incontinence is embarrassing
- Will limit lifestyle
- Odors can cause family and friends to shun
- Infections can develop
- May find it difficult to discuss



Bowel and Bladder Training – Nurse Aide's Role

- Nurse aide valued member of health care team and is involved with bowel and bladder training plan
- Support explanation by doctor or nurse of bowel training schedule



Bowel and Bladder Training – Nurse Aide's Role

- Keep an accurate record of
- Answer call lights promptly
- Do not rush resident
- Be positive
- Don't scold
- Assist to bathroom
- Provide privacy
- Provide encouragement



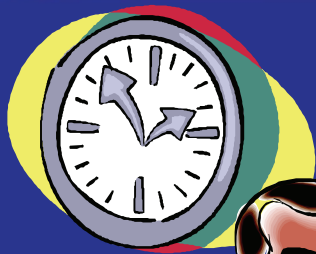
Bowel and Bladder Training – Nurse Aide's Role



- Offer and encourage fluids
- Encourage fiber foods – fruits, vegetables, breads and cereals
- Encourage regular exercise
- Teach good pericare
- Keep bedding clean and odor-free



Bladder Training – Nurse Aide's Role



Attempts to void scheduled and resident encouraged to void:

- When resident awakens
- One hour before meals
- Every two hours between meals
- Before going to bed
- During night as needed

Bladder Training – Nurse Aide's Role

Assist to void by

- Running water in the sink
- Have resident lean forward, putting pressure on the bladder
- Put resident's hands in warm water
- Offer fluids to drink
- Pour warm water over perineum area



Bowel Training



Bowel and Bladder Training – Points to Remember

- Can be accomplished
- Must be consistent and follow plan
 - Recording and reporting vital to success
- Success can take 8 to 10 weeks

The End