



**NORTH CAROLINA COMMUNITY COLLEGE SYSTEM**  
*Dr. R. Scott Ralls, President*

October 18, 2010

**MEMORANDUM**

TO: Presidents  
Chief Academic Officers

FROM: Sharon E. Morrissey  
Senior Vice President and Chief Academic Officer

SUBJECT: State Board Action on October 15, 2010  
Curriculum Standard Revisions

On October 15, 2010, the State Board of Community Colleges approved the requested revisions to the following curriculum standard:

Therapeutic Massage (A45750)

Please be aware that you must implement the attached revised standard no later than one year after the effective term. You may view all curriculum standards by visiting the Programs website at:

[http://www.nccommunitycolleges.edu/Programs/curriculum\\_standards.htm](http://www.nccommunitycolleges.edu/Programs/curriculum_standards.htm)

If you have any questions concerning the State Board action item, please contact Mr. Van Wilson at 919-807-7098 or [wilsonv@nccommunitycolleges.edu](mailto:wilsonv@nccommunitycolleges.edu).

SEM/JF/gr  
Attachment  
c: Mr. Van Wilson  
Dr. John Pettitt  
Ms. Jennifer Frazelle  
Program Coordinators

CC10-044  
Email

# CURRICULUM STANDARD

Effective Term  
Spring 2011  
[2011\*01]

Curriculum Program Title

**Therapeutic Massage**

Code

**A45750**

Concentration

**(not applicable)**

## *Curriculum Description*

The Therapeutic Massage curriculum prepares graduates to work in direct client care settings to provide manipulation, methodical pressure, friction and kneading of the body for maintaining wellness or treating alterations in wellness throughout the lifespan.

Courses will include content in normal human anatomy and physiology, therapeutic massage, ethical/legal issues, business practices, nutrition and psychology.

Employment opportunities include hospitals/rehabilitation centers, health departments, home health, medical offices, nursing homes, spas/health/sports clubs, and private practice. Graduates may be eligible to take the Massage and Bodywork Licensing Exam or the National Certification for Therapeutic Massage and Bodywork.

## *Curriculum Requirements\**

*[for associate degree, diploma, and certificate programs in accordance with 23 NCAC 02E.0204 (3)]*

- I. General Education.** Degree programs must contain a minimum of 15 semester hours including at least one course from each of the following areas: humanities/fine arts, social/behavioral sciences, and natural sciences/mathematics. Degree programs must contain a minimum of 6 semester hours of communications. Diploma programs must contain a minimum of 6 semester hours of general education; 3 semester hours must be in communications. General education is optional in certificate programs.
- II. Major Hours.** AAS, diploma, and certificate programs must include courses which offer specific job knowledge and skills. Work experience, including cooperative education, practicums, and internships, may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit. *(See second page for additional information.)*
- III. Other Required Hours.** A college may include courses to meet graduation or local employer requirements in a certificate, diploma, or associate in applied science program. These curriculum courses shall be selected from the Combined Course Library and must be approved by the System Office prior to implementation. Restricted, unique, or free elective courses may not be included as other required hours.

	<b>AAS</b>	<b>Diploma</b>	<b>Certificate</b>
Minimum General Education Hours	15	6	0
Minimum Major Hours	49	30	12
Other Required Hours	0-7	0-4	0-1
<b>Total Semester Hours Credit (SHC)</b>	<b>64-76</b>	<b>36-48</b>	<b>12-18</b>

*\*Within the degree program, the institution shall include opportunities for the achievement of competence in reading, writing, oral communication, fundamental mathematical skills, and basic use of computers.*

## **Major Hours**

*[ref. 23 NCAC 02E.0204 (3)]*

- A. Core.** The subject/course core is comprised of subject areas and/or specific courses which are required for each curriculum program. A diploma program offered under an approved AAS program standard or a certificate which is the highest credential level awarded under an approved AAS program standard must include a minimum of 12 semester hours credit derived from the subject/course core of the AAS program.
- B. Concentration** *(if applicable)*. A concentration of study must include a minimum of 12 semester hours credit from required subjects and/or courses. The majority of the course credit hours are unique to the concentration. The required subjects and/or courses that make up the concentration of study are in addition to the required subject/course core.
- C. Other Major Hours.** Other major hours must be selected from prefixes listed on the curriculum standard. A maximum of 9 semester hours of credit may be selected from any prefix listed, with the exception of prefixes listed in the core or concentration. Work experience, including cooperative education, practicums, and internships, may be included in associate in applied science degrees up to a maximum of 8 semester hours of credit; in diploma programs up to a maximum of 4 semester hours of credit; and in certificate programs up to a maximum of 2 semester hours of credit.

### **Therapeutic Massage (A45750)**

	<b>AAS</b>	<b>Diploma</b>	<b>Certificate</b>
<b>Minimum Major Hours Required</b>	<b>49 SHC</b>	<b>30 SHC</b>	<b>12 SHC</b>
<b>A. CORE</b>	<b>46-47 SHC</b>	<b>12 SHC</b>	
<b>Required Courses:</b>			
MTH 110 Fundamentals of Massage	10 SHC		
MTH 120 Ther Massage Applications	10 SHC		
MTH 125 Ethics of Massage	2 SHC		
MTH 210 Adv Skills of Massage	8 SHC		
MTH 220 Outcome-Based Massage	7 SHC		
BIO 271 Pathophysiology	3 SHC		
<b>Required Subject Areas:</b>			
<b>Psychology/Human Relations.</b> <i>Select one.</i>			
PSY 118 Interpersonal Psychology	3 SHC		
PSY 150 General Psychology	3 SHC		
BUS 152 Human Relations	3 SHC		
<b>Business.</b> <i>Select one.</i>			
BUS 137 Principles of Management	3 SHC		
BUS 230 Small Business Management	3 SHC		
BUS 280 REAL Small Business	4 SHC		
<b>B. CONCENTRATION</b> <i>(Not applicable)</i>			
<b>C. OTHER MAJOR HOURS</b>			

BIO, BUS, CIS, COE, ENG, HEA, MED, MTH, NUT, PED, PSF,  
PSY, and SOC

*Foreign language courses (including ASL) that are not designated as  
approved other major hours may be included in all programs up to a  
maximum of 3 semester hours of credit.*